

Centreville Dental Wellness Center, PC

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Today, you had teeth prepared for placement of a veneers and a temporary was placed. You will wear the temporary for about 2-3 weeks while the lab makes your permanent restorations. Your permanent restorations will be custom made from the impression and model made at today's appointment.

CARE OF YOUR TEMPORARY VENEERS

1. Your temporary veneer is designed to be just that; temporary. Therefore, they are subject to possible breaking off. If they break off, please use an over-the-counter adhesive, such as *Fixodent*, to re-adhere them until your next appointment.
2. Your temporary veneers are not bonded on your teeth. They are temporarily cemented.
3. The temporary material stains easily. Avoiding highly pigmented foods such as red wine, coffee and blueberries is advisable if you are averse to some staining. Also, mouth rinses that are "colored" with dyes can stain your temporaries. They will also not be as smooth or shiny as your permanent restoration.
4. Do not eat anything sticky or hard as these can cause your temporary to break or come out.
5. It is not unusual for the teeth under the temporary to be a little sensitive to hot and cold. This should not be the case once your permanent restorations are placed. If you experience some discomfort for a few days after your appointment taking Motrin, Advil or Tylenol should be sufficient. If you experience any discomfort that over the counter pain medications don't handle, call the office immediately.
6. Brush gently but thoroughly around your temporary. If you notice slight gum sensitivity, rinse with warm salt water (1 tsp. salt in a cup of warm water) several times a day to assist in healing of the gum tissue around the temporary.
5. Temporary veneers are usually fitted as one unit rather than as individual units on each tooth. They do not have gaps in between each tooth and cannot be flossed during the time you are wearing your temporary veneers. Your permanent restoration will allow for proper flossing unless otherwise informed.

Here at Centreville Dental Wellness Center we are committed to providing individualized personal care and part of that care includes having an open communication line with our patients. Should have any questions or concerns, please do not hesitate to call the office for assistance.